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## **WHAT TO EXPECT AFTER RADIESSE TREATMENT**

1. **Treated areas may feel numb, swollen, firm, or sore for a few days.** This is normal not unexpected. Use cold compresses and elevate the head for a night or two.
2. **Some early loss of correction may occur during the first six to eight weeks.** This is also normal and not unexpected. There are two reasons for this. First, the swelling caused by the treatment itself resolves. Second, the body re-absorbs the gel that is the carrier of the active product. A touch-up may be required to achieve optimal results. We can always add more Radiesse to give you the results you want to achieve.
3. **Avoid touching or pressing on the treated areas for the first 48hrs,** except to gently wash and moisturize your face as part of your daily skin-care routine.
4. **Until the initial redness and swelling have resolved,** avoid exposure to intense heat (such as a sunlamp or sunbathing).
5. **If you are prone to herpes outbreaks (or cold sores)** there is a risk that the needle punctures could contribute to a recurrence. There are medications available that may minimize recurrence; Ask us about those should you need them.
6. **Call us** if you experience lumps, bumps, itching, or soreness that lasts more than a few days.
7. **Radiesse is visible on x-rays.** This has not been known to interfere in any way with studies such as dental x-rays.
8. **While most patients report that soft tissue correction with Radiesse usually persists nine to fifteen months (averaging approximately one year) or longer, your personal experience may be different.** Remember, these treatments do not stop the aging process! We would expect further tissue loss with ongoing aging, requiring additional Radiesse or another approach.
9. **It is ideal** to discontinue aspirin, aspirin-like products, non-steroidal, anti-inflammatory, St. Johns Wort, high doses of Vitamin E, and alcohol for two weeks before your next treatment to minimize bruising and swelling